

Tara M. Powell
Curriculum Vitae
University of Illinois at Urbana-Champaign
School of Social Work

1010 W. Nevada Street
Urbana, IL 60801

Phone: 217-300-0917
tlpowell@illinois.edu

EDUCATION

- | | |
|------|---|
| 2014 | The University of Texas at Austin, Austin, TX
<i>Doctorate of Philosophy in Social Work</i> |
| 2006 | Tulane University School of Public Health/School of Social Work, New Orleans, LA
<i>Master in Social Work,</i>
<i>Master in Public Health</i>
Concentration: International Health and Complex Emergencies |
| 2005 | George Warren Brown, School of Social Work, St. Louis, MO
<i>Visiting Student</i> |
| 2001 | University of Iowa, Bachelor of Arts Communication Studies, Iowa City, IA |

RESEARCH INTERESTS

Environmental Change; Disasters; Complex Emergencies; Children; Schools; Trauma; Cultural Adaptation; Intervention Research

ACADEMIC POSITIONS

- | | |
|-----------|---|
| 2020- | Associate Professor , School of Social Work
University of Illinois at Urbana-Champaign, Urbana, IL |
| 2014-2020 | Assistant Professor , School of Social Work
University of Illinois at Urbana-Champaign, Urbana, IL |
| 2012-2014 | Graduate Research Assistant , Enhancing Psychological Capital to Foster Health Outcomes in Homeless Young Women (R21-NR013538-01)
University of Texas School of Nursing, Austin, TX |
| 2010-2011 | Graduate Research Assistant
Hogg Foundation, Austin, TX |

Fall 2009-2011	Graduate Research Assistant University of Texas at Austin, School of Social Work, Austin, TX
Fall 2005	Research Assistant Washington University School of Social Work, St. Louis, MO

RESEARCH GRANT AWARDS

Current

2022-2026	<i>Pragmatic RCT of a multi-level mechanistically informed community intervention to prevent the onset of behavioral health symptoms among socioeconomically disadvantaged pandemic affected children.</i> National Institute of Mental Health; R01 MH131248-01. \$2,463,619. Role: Principal Investigator
2022-2025	<i>Reducing Disparities in Disaster-Related Mental Health Burden: Adapting a multi-level intervention to build community-based response.</i> National Academies of Sciences, Engineering, and Medicine Gulf Research Program; 2000013444. \$999,992 Role: Co-Investigator (Principal Investigator: Scott, J. LSU)
2022-2023	<i>Mental Health Policy Assessment.</i> U.S. Agency for International Development. \$266,419. Role: Co-Investigator (Principal Investigator: Lough, UIUC)

Completed

2020-2021	<i>Emergency Expansion of Multisystemic Suicide Prevention and Treatment across Colorado in Response to COVID-19.</i> Substance Abuse and Mental Health Administration, \$797,848 Role: Consultant (Principal Investigators: Essert, D and Yuma, P.)
2018-2019	<i>Addressing mental health needs of health care and social service providers and emergency responders in Puerto Rico and Texas in the aftermath of hurricanes Irma, Maria, and Harvey.</i> (Robert Wood Johnson Foundation; Americares) \$800,000. Role: Principal Investigator
2016-2019	<i>Investigating the Outcomes of Integrating Mental Health Services in Non-Communicable Disease Prevention Programs among Syrian Refugees and Host Communities in Jordan.</i> (Americares. \$260,000; IIP International Research Travel Grant \$3,000). Role: Principal Investigator

- 2016-2018 *Development and research of social emotional interventions for children and caregivers who have experienced complex trauma.*
NIH Loan Repayment Program. National Institute of Child Health and Human Development (NICHD). \$70,000.
Role: Principal Investigator
- 2015-2017 *Building protective factors for children who live in rural poverty.* Save the Children U.S. \$20,000; Illinois Campus Review Board \$18,000.
Role: Principal Investigator
- 2014-2016 *Building resilience after an acute trauma: An evaluation of a psycho-educational program in Moore, Oklahoma.* Save the Children US, Moore, Oklahoma. 15,000
Role: Principal Investigator
- 2013-2014 *Resilience and coping for the healthcare community post Super Storm Sandy.* AmeriCares, New York. \$50,000.
Role: Principal Investigator
- 2012-2013 *Save the Children's post-disaster child protection and psychosocial work in middle- and high-income countries.* Save the Children UK, 22,000.
Role: Principal Investigator
- 2011-2012 *Adaptation and evaluation of a post-disaster psycho-social intervention.* Save the Children, Christchurch, New Zealand. \$20,000.
Role: Principal Investigator
- 2011-2013 *The Journey of Hope curricula: Building resilience after a natural disaster.* Save the Children, \$30,000.
Role: Principal Investigator; Co-PI: Holleran-Steiker

TEACHING EXPERIENCE

University of Illinois

The Social Impact of Disasters (MSW)
National Child Traumatic Stress Network Core Concepts for Trauma Informed Practice (MSW)
Generalist Social Work Practice (MSW)
International Service Learning: Greece (BSW/MSW)
Social Work with Groups (MSW)

University of Texas at Austin

Research Methods (BSW)

Social Work with Groups (BSW)

MANUALIZED INTERVENTIONS

Powell, T., Wetzel, G., Foran, R. (2020). *Virtual Journey of Hope-COVID-19*. Westport, CT: Save the Children

Powell, T. (2017). *Family Journey of Hope*. Westport, CT: Save the Children.

Powell, T. (2016). *Teen Journey of Hope*. Westport, CT: Save the Children.

Powell, T. & Yuma, P. (2013). *Resilience and Coping in the HealthCare Community*. Stamford, CT: AmeriCares.

Powell, T. (2013). *Action Center Expressive Arts Therapy Intervention*. New York, New York: Action Center.

Whalen, K., **Powell, T.**, Samra, H. & Brown, K. (2009). *Adolescent Journey of Hope*. Westport, CT: Save the Children. (National Registry for Evidence Based Programs and Practices; Trauma Informed Best Practices: Texas Education Agency)

Whalen, K., **Powell, T.**, Samra, H. & Brown, K. (2009). *Elementary Journey of Hope*. Westport, CT: Save the Children. (National Registry for Evidence Based Programs and Practices; Trauma Informed Best Practices: Texas Education Agency)

Whalen, K., **Powell, T.**, Samra, H. & Brown, K. (2009). *Junior Journey of Hope*. Westport, CT: Save the Children. (National Registry for Evidence Based Programs and Practices; Trauma Informed Best Practices: Texas Education Agency)

PUBLICATIONS

*Published Refereed Journal Articles (*Denotes Student)*

Powell, T., Qushua, N.* (2023). A community-based mental health intervention to improve well-being among Syrian refugees and host communities in Jordan: A qualitative analysis. *International Journal of Social Psychiatry*. DOI: <https://doi.org/10.1177/00207640221074808>

Powell, T., Scott, J., Yuma, P., Hsaio, Y. (2022). Surviving the Storm: Intervening to reduce psychological distress for health and social care providers post-disaster. *Health and Social Care in the Community*. DOI: 10.1111/hsc.14059

Rose, L.*, Dezacache, G., **Powell, T.**, Chokron, S., Kovarski, K. (2022). The Emergency of Prosociality: a developmental perspective on altruism and human prosocial behaviour in the face of disaster. *Current Directions in Psychological Science*.

- Muller, J. M.*, Mahoney, J.*, Tan, K., & **Powell, T.** (2022). We Have a Gun Problem (and What's New about That?). *Children & Schools*, 44(4), 191-194.
- Powell, T.**, Billiot, S., Muller, J.*, Elzy, K., & Brandon, A. (2022). The Cost of Caring: Psychological Adjustment of Healthcare Volunteers During the COVID-19 Pandemic. *Traumatology*, 28(3), 383–392.
<https://doiorg.proxy2.library.illinois.edu/10.1037/trm0000387>
- Hsieh, W.J.*, **Powell, T.**, Tan, K., Chen, J.H. (2021). KidCope and the COVID-19 Pandemic: Understanding High School Students' Coping and Emotional Well-Being. *International Journal of Environmental Public Health*. 18(19), 10207
<https://doi.org/10.3390/ijerph181910207>
- Choi, S., **Powell, T.**, Muller, J., & Lux, E.A. (2021). Exploring the disproportionate impact of disasters-Social service providers' perceptions of factors increasing vulnerability among hurricane survivors. *Families in Society*. DOI:
<https://doi.org/10.1177/10443894211051570>
- Powell, T.**, Wegmann, K., Backode, E.* (2021). Coping and Post-Traumatic Stress in Children and Adolescents After an Acute Onset Disaster: A Systematic Review. *International Journal of Environmental Public Health*. DOI:
<https://doi.org/10.3390/ijerph18094865>
- Luce, C., **Powell, T.**, & Kim, Y. (2021). Mental health, social support, and active coping in Nepali earthquake survivors. *American Behavioral Scientist*. DOI:
<https://doi.org/10.1177/00027642211013406>
- Powell, T.**, Li, S.J., Hsiao, Y., Thompson, M., Farraj, A., Abdoh, M., Rarraj, R. (2021). An integrated physical and mental health awareness education intervention to reduce non-communicable diseases among Syrian refugees and Jordanians in host communities: A natural experiment study. *Preventive Medicine Reports*. 21, 101310. DOI: <https://doi.org/10.1016/j.pmedr.2021.101310>
- Powell, T.**, Shin, O.J.*, Li, S.J., Hsiao, Y. (2020). Post-traumatic stress, social and physical health: A mediation and moderation analysis of Syrian refugees and Jordanians in a border community. *Plos One*. 15(10). DOI: 10.1371/journal.pone.0241036
- Powell, T.**, Yuma, P., Scott, J., Suarez, A., Morales, I., Vinton, M.*, Marrero, M., Li, S.J. (2020). In the aftermath: The effects of hurricanes Harvey and Maria on the well-being of healthcare and social service providers. 26(3), 298. *Traumatology*. DOI:
<https://doi.org/10.1037/trm0000228>
- Yuma, P., **Powell, T.**, Scott, J., Vinton, M.* (2019). Resilience and Coping for the Healthcare Community: A post-disaster group work intervention for healthcare and social service providers. *Journal of Family Strengths*. 19(1). Article 8.

- Salloum, A. & **Powell, T.** (2019). The impact of hurricanes on children and families and interconnected systems. *Journal of Family Strengths* 19(1). Article 2.
- Powell, T.,** Wegmann, K., & Shin, O.J.* (2019). Stress and coping in frontline mental health providers after Superstorm Sandy: An examination of a post-disaster psycho-educational intervention. 25(2), 96 *Traumatology*.
<http://dx.doi.org/10.1037/trm0000189>
- Powell, T.,** Shang-Ju, L., Hsaio, Y., Ettari, C. & Bhandari, A. (2019). Investigating the aftershock of a disaster: A study of health service utilization and mental health symptoms in post-earthquake Nepal. *International Journal of Environmental Public Health*. 16(8), 1369. DOI: <https://doi.org/10.3390/ijerph16081369>
- Powell, T.,** Davis, J. (2018). Addressing the social emotional needs of children in chronic poverty: A pilot of the Journey of Hope. *Children and Youth Services Review*. 98, 319-327. DOI: <https://doi.org/10.1016/j.childyouth.2018.11.010>
- Powell, T.**¹ & Wegmann, K.¹ (2018). Measurement of adolescents' coping styles following a natural disaster: An ESEM analysis of the Kidcope. *School Mental Health*. 11(2), 335-344. DOI: <https://doi.org/10.1007/s12310-018-9288-x>
- Powell, T.** & Holleran, L. (2017). Supporting children after a disaster: A case study of a psychosocial school-based intervention. *Clinical Social Work Journal* 45 (2) 176-188.
- Rew, L., **Powell, T.,** Brown, A., Becker, H. & Slesnick, N. (2017). An intervention to enhance psychological capital and health outcomes in homeless female youths. *Western Journal of Nursing Research*. 39(3) 356-373.
- Powell, T.** & Yuma, Y. (2016). Supporting community health workers after a disaster: Findings from a mixed-methods pilot evaluation study of a psychoeducational intervention. *Disaster Medicine and Public Health Preparedness*. pp. 1–8. doi: 10.1017/dmp.2016.40
- Powell, T.** & Bui, T.* (2016). Supporting social and emotional skills after a disaster: Findings from a mixed methods study. *School Mental Health* 8 (1) 106-119.
- Rew, L., **Powell, T.,** Thompson, S. (2016). Stress on the streets: Validation of a measurement. *Journal of Social Distress and the Homeless* 25(1) 1-13.
- Dischino, K. & **Powell, T.,** (2015). A healthier you a healthier community. *International Association of Emergency Managers* 32 (4) 15-17.
- Cubbin, C., Heck, **Powell, T.,** Marchi, K. & Braverman, P. (2015). Racial/ethnic disparities in psychosocial well-being among post-partum women: The contribution of family-and neighborhood-level poverty. *AIMS Public Health*, 2 (3) 411-425.

Powell, T. & Thompson, S. (2014). Findings from a quasi-experimental study of a universal school-based mental health intervention for youth who have experienced a natural disaster. *Research on Social Work Practice, 1*(11).

Powell, T. & Leytham, S. (2014). Building resilience after a natural disaster: An evaluation of a parental psychosocial curriculum. *Australian Social Work, 67*(2) 285-296.

Powell, T., & Blanchet-Cohen, N. (2014). The Journey of Hope: A universal group work intervention approach for children who have experienced trauma. *Social Work with Groups 37*(4) 297-313.

Powell, T., & Holleran Steiker, L. K. (2012). Working with children and families who have survived Natural disasters: Exploring substance abuse and other risk factors. *Journal of Social Work Practice in the Addictions, 12*(2) 209-214.

Leytham, S., & **Powell, T.** (2012). Chronic pain and its association with type of natural disaster, community support and social-cultural context. *The International Journal of Social Sciences, 6*(6), 233-239.

Holleran Steiker, L. K., Goldbach, J., Hopson, L. M., & **Powell, T.** (2011). The value of site specific, systematic cultural adaptation of substance abuse curricula for older youth in community settings. *Child and Adolescent Social Work*. DOI 10.1007/s10560-011-0246-9.

Holleran Steiker, L. K., **Powell, T.,** & Goldbach, J. (2011). Dissonance-Based Prevention: Intervention for Substance Using Alternative High-School Youth. *Social Work in Action, 23*(4), 235-252.

Under Review

Powell, T., Wetzal, G., Berger Cardoso, J. (Under Review). The dynamic adaptation of the Journey of Hope: A virtual social emotional intervention for COVID-19 affected children.

Scott, J., **Powell, T.,** Suarez, A., Morales, I., Yuma, P., Muller, J. (Under Review). The disparate impact of Hurricane Maria: The Relationship between Public Services, Traumatic

Book Chapters

Powell, T., & Knox, K. (2023). Natural Disasters, Pandemics, and Other Crises. In C. Franklin, M. B. Harris, & P. Allen-Meares (Eds.), *The School Services Sourcebook* (pp. 462-472). Oxford University Press. <https://doi.org/10.1093/oso/9780197603413.003.0035>

Powell, T., & Muller, J.* (2023). Students With Adverse Childhood Experiences. In C. Franklin, M. B. Harris, & P. Allen-Meares (Eds.), *The School Services Sourcebook* (pp. 112-123). Oxford University Press. doi:10.1093/oso/9780197603413.003.0009

Powell, T., Muller, J.*, & Wetzel, G. (2023). Evidence-based interventions for children and families during disaster recovery: Trends, lessons learned, and future directions. In *Environmental Impacts on Families: Change, Challenge, and Adaptation*.

Powell, T., Hsieh, W.* (2020). Trauma and ACES. In Jordan, C. & Franklin C. *Clinical Assessment for Social Workers 5th Edition*. New York: Oxford University Press.

Powell, T., Billiot, S. & Salzman, L. (2020). Disaster Social Work. *Encyclopedia of Social Work Online*. New York, NY: Oxford Press.

Gerolymatos-McDonald, H., Asbill, M. **Powell, T.,** Billman, S., Ozkan, S. & Faulkner, S. (2019). A collaborative study abroad model: Inspiring fiscally underrepresented students. In J. Hoffman, *Strategies for Facilitating Inclusive Campuses in Higher Education*. Emerald Publishing Limited.

Powell, T. & Brack, J.* (2019). Humanitarian response after a complex environmental disaster: A case study of Typhoon Haiyan. In I. Chi, *Social Work and Sustainability in Asia: Facing the Challenges of Global Environmental Changes*. London: Routledge.

Powell, T. (2015). A review of post-disaster child protection and psychosocial programming in high and middle-income countries. *WIT Transactions on The Built Environment*, 168, pp. 997-1007. Ashurst, New Forest, England: WIT Press.

Harris, M.B., **Powell, T.,** & Franklin, C. (2014). The Design of Social Work Services: School Environment. In P. Allen-Meares (Ed.), *Social work services in schools* (7th Ed.). Boston: Pearson: Routledge.

Harris, M.B., **Powell, T.,** Franklin, C., & Montgomery, K. (2014). The Design of Social Work Services: Addressing Student Needs. In P. Allen-Meares (Ed.), *Social work services in schools* (7th Ed.). Boston: Pearson.

Powell, T., Harris, M.B., & Franklin, C. (2014). The Design of Social Work Services: Responding to Needs of Culture, Race, Gender, Language, and Sexual Orientation. In P. Allen Meares (Ed.), *Social work services in schools* (7th Ed.). Boston: Pearson.

Springer, D. W., & **Powell, T.,** (2013). Assessment of adolescents. In M. Holosko, C. Dulumus, & K. Sowers. (Eds.), *Social work practice with individuals and families. Evidence-informed assessments and interventions* (pp. 71-92). Hoboken, NJ: John Wiley & Sons.

Knox, K., **Powell, T.,** & Roberts, A. (2013). Developing school-wide and district-wide crisis prevention/intervention protocols for natural disasters. In C. G. Franklin, M. B. Harris, & P. Allen-Meares (Eds.), *School services sourcebook* (2nd Ed.) (pp.569-578). New York: Oxford University Press.

Reports and Briefs

- Lough, B. J., Okumu, M., & **Powell, T. M.** (2023). *Global Mental Health Policy Consultations Summary: Final Summary Report*. Washington, DC: U.S. Aid for International Development (USAID).
- Lough, B. J., **Powell, T. M.**, & Okumu, M. (2023). *USAID Mental Health Policy Recommendations: Summary Report*. Washington, DC: U.S. Aid for International Development (USAID).
- Powell, T.**, Andrus, K. & Lough, B. J. (2023). *Terms and Approaches to Address Mental Health..* Washington, DC: U.S. Aid for International Development (USAID).
- Muller, J., **Powell, T. M.**, & Lough, B. J. (2023). *Conceptualization of mental health*. Washington, DC: U.S. Aid for International Development (USAID).
- Miles, T., **Powell, T. M.**, & Lough, B. J. (2023). *Ethical principles in global mental health*. Washington, DC: U.S. Aid for International Development (USAID).
- Miles, T., **Powell, T. M.**, & Lough, B. J. (2023). *Ethical principles across professions*. Washington, DC: U.S. Aid for International Development (USAID).
- Muller, J., **Powell, T. M.**, & Lough, B. J. (2023). *Mental health treatment approaches in the Global South: A review of the evidence*. Washington, DC: U.S. Aid for International Development (USAID).
- Powell, T. M.**, Andrus, K., & Lough, B. J. (2023). *Mental health stigma and discrimination*. Washington, DC: U.S. Aid for International Development (USAID).
- Miles, T., **Powell, T. M.**, Muller, J., & Lough, B. J. (2023). *Mental health terminology*. Washington, DC: U.S. Aid for International Development (USAID).
- Powell, T. M.**, Muller, J., & Lough, B. J. (2023). *Contextualization of mental health interventions in global mental health*. Washington, DC: U.S. Aid for International Development (USAID).
- Lough, B. J., & **Powell, T. M.** (2023). *Proposed theory of change for global mental health*. Washington, DC: U.S. Aid for International Development (USAID).
- Powell, T. M.**, Muller, J., & Lough, B. J. (2023). *Trauma-informed approaches in global mental health*. Washington, DC: U.S. Aid for International Development (USAID).
- Miles, T., **Powell, T. M.**, & Lough, B. J. (2023). *Mental health research in humanitarian and development settings*. Washington, DC: U.S. Aid for International Development (USAID).

- Powell, T., Yuma, Y., Scott, J. (2019).** *An evaluation of a tiered approach to increase well-being in healthcare and social service providers in a post-disaster context.* Stamford, CT: AmeriCares.
- Powell, T. (2017).** *An evaluation of the Journey of Hope Program: A social emotional program for children who live in high poverty settings.* Save the Children.
- Powell, T. (2015).** *The Journey of Hope curricula: Building resilience after a natural disaster.* Moore, Oklahoma. Save the Children US.
- Powell, T. & Yuma, P. (2013).** *Resilience and coping in the healthcare community: Creation and evaluation of a post disaster psycho-educational intervention for community health workers.* Stamford, CT: AmeriCares.
- Powell, T. (2013).** *Save the Children's child protection and psychosocial work in middle and high-income countries.* England, United Kingdom: Save the Children, UK.
- Powell, T. & Holleran Steiker, L. (2012).** *The Journey of Hope curricula: Building resilience after a natural disaster.* Tuscaloosa, Alabama: Save the Children US.
- Powell, T. (2011).** *The Journey of Hope program: Evaluation results and recommendations.* Christchurch, New Zealand: Save the Children International.

CONFERENCE PRESENTATIONS

Peer Reviewed Presentations

- Powell, T., Yuma, P., Scott, J. (November, 2022).** A Tiered Intervention to Reduce Distress Among Healthcare Workers in Post-disaster Contexts. Association for Behavioral and Cognitive Therapies. New York City, New York.
- Powell, T., Muller, J.M. (January, 2022).** Psychological Distress, Social Support, and Coping during the COVID-19 Pandemic Among Healthcare Volunteers in New York City. Society for Social Work and Research. Washington, D.C.
- Hsieh, W., Chen, J., **Powell, T.** (January, 2022). Vicarious Posttraumatic Growth (VPTG) Among Health Care and Social Service Providers in Disasters. Society for Social Work and Research. Washington, D.C.
- Powell, T., Yuma, P., Scott, J. (November, 2021).** *A Tiered Intervention to Reduce Distress Among Healthcare Workers in Post-disaster Contexts.* Association for Behavioral and Cognitive Therapies. New York City, New York.
- Powell, T., Yuma, P., Li, S.J. (January, 2021).** *Reducing Distress in Disaster Affected Healthcare and Social Service Providers: A Natural Experiment Study.* Oral presentation at Society for Social Work Research (Virtual Meeting). Washington, D.C.

- Shin, O.J., **Powell, T.** (January, 2021). *Moderation Effect of Employment Status on the Relationship between Post-Traumatic Stress and Depression Symptoms in Jordan*. Poster presentation at Society for Social Work Research (Virtual Meeting). Washington, D.C.
- Powell, T.**, Yuma, P., Li, S.J., & Scott, J. (October, 2020). *Supporting health and social care providers after disasters: Evaluation of the resilience and coping for the healthcare community intervention*. Oral presentation at American Public Health Association (Virtual Meeting). Denver, CO.
- Powell, T.**, Scott, J., Suarez, A., & Morales, I. (January, 2020). *The Disparate Impact of Hurricane Maria: An Examination of Economic Disparities Among Survivors*. Oral paper presented at Society for Social Work Research. Washington, D.C.
- Luce, C. & **Powell, T.** (January, 2020). *The Effect of Social Support on the Relationship between Mental Health and Resilience in Nepali Earthquake Survivors*. Oral paper presented at the 2020 Society for Social Work Research. Washington, D.C.
- Powell, T.** & Li, S.J. (March, 2019). *Impact of a Mental Health Promotion Intervention on the Management and Secondary Prevention of NCDs among Jordanians and Displaced Syrians in Jordan*. Poster presentation at Consortium of Universities for Global Health Conference. Chicago, IL.
- Garcia-Coll, C. Masten, A. Osofsky, J. **Powell, T.** (March, 2019). *Conversation Roundtable: Inequality, disparities, and culture as moderators of disaster effects on child development*. Oral symposium presentation at Society for Research on Child Development. Baltimore, MD.
- Powell, T.** & Shin, O.J. (January, 2019). *The mediating and moderating role of self-esteem on post-traumatic stress symptoms and physical health among Syrian refugees in host communities*. Oral paper presented at the 2019 Society for Social Work Research. San Francisco, California.
- Li, S.J. & **Powell, T.** (October, 2018). *The synergistic effect of integrating mental health support to the NCD program among Syrian refugees and host communities in Jordan*. Oral paper presented at Global Symposium on Health Systems Research, Liverpool, UK.
- Wegmann, K., Dyke, A., **Powell, T.** (October, 2018). *Using the race-based disparities in stress & sleep model to identify elements of effective school mental health programming*. Oral paper presented at Advancing School Mental Health Annual Conference, Las Vegas, NV.
- Powell, T.** (July, 2018). *A study of health service utilization and mental health symptoms in post-earthquake Nepal*. Oral presentation at Joint World Conference on Social Work, Education and Social Development, Dublin, Ireland.
- Powell, T.** & Wegmann, K. (January, 2018). *Examining Ways of Coping in Hurricane Affected Youth: an Exploratory Structural Equation Model of the Kidcope*. Oral Paper presented at Society for Social Work Research, Washington, D.C.

- Powell, T.** (July, 2016). *Supporting social and emotional skills after a disaster: Findings from a quasi-experimental study*. Oral presentation at Joint World Conference on Social Work, Education and Social Development, Seoul. South Korea.
- Powell, T. & Yuma, Y.** (November, 2015). *Supporting community health workers after a disaster: findings from a mixed methods study*. Oral paper presentation at American Public Health Association, Chicago, IL.
- Powell, T.** (May, 2015). *A review of post-disaster child protection and psychosocial programming in high and middle-income countries*. Oral paper presented at Wessex Disaster Management Conference, Istanbul, Turkey.
- Lough, B., **Powell, T.** (March, 2015). *Effective Practices of International Volunteers in Disaster Relief: Implications for the EU Aid Volunteers program*. Oral paper presented at EU Studies Regional Faculty Working Conference, Champaign, IL.
- Thompson, S. & **Powell, T.** (January, 2015). *Preliminary results of an intervention to enhance psychological capital in homeless females*. Oral paper presented at the Society for Social Work Research, New Orleans, LA.
- Powell, T.** (November, 2014). *Journey of Hope: A school-based intervention for children who have experienced a natural disaster*. Oral paper presentation at American Public Health Association, New Orleans, LA.
- Powell, T.** (July, 2014). *Findings from a mixed methods study of a universal school-based mental health intervention for youth who have experienced a natural disaster*. Oral Paper presented at the National Association of Social Workers, Washington, D.C.
- Powell, T.** (March, 2013). *The Journey of Hope Evaluation: Reducing post-trauma symptoms and building resilience of children and families in the wake of natural disasters*. Poster presented at the CHPR Annual Conference. Austin, TX.
- Powell, T. & Leytham, S.** (June, 2012). *Building resilience after a natural disaster: An evaluation of a caregivers psychosocial intervention*. Oral Paper presented at the International Conference on Social Stress Research. Dublin, Ireland.
- Powell, T.** (October, 2011). *Behavior health indicators project: Promoting systems change*. Poster presented at American Public Health Association Annual Conference. Washington, DC.
- Powell, T., Frost, L., & Stone, S.** (March, 2011). *Behavioral health community indicators: A disruptive innovation for local systems of care*. Poster presented at the ACMHA Behavioral Health Leaders Conference. New Orleans, LA.
- Stone, S. & **Powell, T.** (May, 2010). *Behavioral health indicators project*. Oral Paper presented at the National Gains Conference. Orlando, FL.

Stone, S., & **Powell, T.** (June, 2010). *Travis county behavioral health indicators project*. Oral Paper presented at the International Crisis Intervention Team Conference. San Antonio, TX.

Goldbach, J., & **Powell, T.** (January, 2010). *Adaptation as substance abuse intervention: Youth-led cultural adaptations of prevention programs*. Oral paper presented at the Texas Research Society on Alcoholism Scientific Meeting. Houston, TX.

Whalen, K., & **Powell, T.** (May, 2008). *Partnerships for children: Save the Children's work to aid children in disasters*. Oral paper presented at the Partnership for Children Conference. Boston, MA.

Invited Presentations and Lectures

Invited Symposium: Environmental Justice. (March, 2023). Society for Research on Child Development.

Healing after Collective Trauma: A Discussion on Mental Health and Recovery from the COVID-19 Pandemic. (November, 2022). Illinois Alumni Association. Presenter

Burnout, Self-Care, and Stress-Related Growth: Coping in Challenging Times. (March, 2022). North DuPage Special Education Cooperative. Presenter

Burnout, Self-Care, and Stress. (May, 2022). University of Green Bay Wisconsin. Presenter

Burnout and the brain: Evidence-based strategies heal the tired brain during protracted crises (September, 2021). Illinois Society for Clinical Social Work. Presenter.

Strengthening Support Series (June-July, 2021). Presenter. 4-part Webinar series: Texas Prevention Providers. Presenter

COVID-19 Mental Help: Coping with Bias & Collective Trauma (March, 2021). Chicago Council on Science and Technology

Interventions for children and families during disaster recovery: trends, lessons learned, and future directions. (October, 2021). Penn State Family Symposium

Mental Health and COVID-19. (October, 2021). Presenter. Virtual COV-Course: University of Illinois Urbana Champaign

The Interconnection of Complex Trauma and Substance Use (August, 2020). Keynote Address. Annual Texas Prevention Provider Virtual Meeting.

From Hurricane Katrina to Paradise Wildfires, Exploring Themes in Disaster Human Services- A Workshop Series (July, 2020). Panelist. Webinar presentation: National Academies of Sciences and Engineering Medicine.

Strengthening Support During COVID-19 (April-May, 2020). Presenter. Webinar series: Texas Prevention Providers.

Ask the Experts: Mental and behavioral health during COVID-19 (June, 2020). Presenter. Webinar: University of Illinois Interdisciplinary Health Sciences Institute.

Building a Healthy Community: A Discussion on Mental Health During COVID19 (June, 2020). Presenter. Webinar: U.S. Representative Sean Casten.

Self-care, Preventing Burn Out and Compassion Fatigue (April, 2020). Presenter. Webinar: University of Illinois School of Social Work.

Trauma and its impact on food insecurity and poverty (April, 2019). Keynote Address: Boone County Hunger Coalition.

Trauma and Crisis Response Workshop (July, 2018). Presenter. CEU event: University of Illinois School of Social Work.

Supporting Recovery After a Disaster: Examining School-based Mental Health Programs (February, 2017). Presenter. Adverse Childhood Experiences Working Group: University of Illinois School of Social Work.

Mental health in complex emergencies: Challenges, lessons learned and future directions (February, 2017). Presenter. Doctoral Theory Workshop: University of Chicago SSA.

Resilience and Coping for the Healthcare Community (September, 2017). Presenter. M2 Medical Students: University of Illinois Medical Center.

Trauma informed services for children (June, 2016). Presenter and Trainer. Ton Duc Thang University, Ho Chi Min, Vietnam.

Supporting children and caregivers in a post-disaster context: Findings from a mixed methods study (November, 2015). Presenter. Human and Community Development: University of Illinois.

Enhancing protective factors and reducing risk after a disaster (November, 2015). Presenter. Webinar: School Social Work Association of America.

Resilience and Coping for the Healthcare Community: A post-disaster psycho-educational program for healthcare and social service providers (July, 2013). Presenter. Regional Medical Reserve Corps conference, Moore, OK.

Save the Children's child protection and psychosocial work in middle and high income countries (July, 2013). Presenter. Save the Children UK Humanitarian Department: London, England.

Supporting mental health providers after a disaster (November, 2011). Keynote Address: Connect to Protect Annual Conference, Joplin, MO.

Race, class and hurricane Katrina (April, 2011). Presenter. Graduate social work: Social Policy Analysis and Social Problems. The University of Texas, School of Social Work.

Creating a mixed methods research design (March, 2011). Presenter. Undergraduate social work: Research Methods the University of Texas, School of Social Work.

Cultural adaptation of social group work (January, 2011). Presenter. Undergraduate social work: Social Work with Groups. The University of Texas, School of Social Work.

Conducting mixed methods research for an adolescent substance prevention program. (February, 2010). Presenter. Undergraduate social work: Research Methods. The University of Texas, School of Social Work.

MEDIA APPEARENCES & INTERVIEWS

Slate News. We're living one disaster to the next. September 14th, 2023. Retrieved from: <https://slate.com/news-and-politics/2023/09/libya-flooding-morocco-earthquake-maui-wildfires-hurricanes-disasters-nonstop.html>

The Hill. What we know and don't know about long COVID. October 20th, 2022. Retrieved from: <https://thehill.com/changing-america/3696380-what-we-know-and-dont-know-about-long-covid/>

Illinois News Bureau. Study examines pandemic's impact on volunteer health care workers. July 12, 2022. Retrieved from: <https://news.illinois.edu/view/6367/1230437780>

Illinois News Bureau. How can we identify, respond to pandemic-triggered mental health crises? December 23rd, 2021. Retrieved from: <https://news.illinois.edu/view/6367/1887317023>

Smart Brief. Social A Role for Social and Emotional Learning After a Disaster. March 31, 2021. Retrieved from: <https://www.smartbrief.com/original/2021/03/role-social-and-emotional-learning-after-disaster>

WILL public media. Who's Taking Care of Your Therapist? March 29th, 2021. Retrieved from: <https://will.illinois.edu/21stshow/story/whos-taking-care-of-your-therapist>

Illinois News Bureau. Patient Education Program with Mental Health Component Reduces Cardiovascular Disease Risks. February 11, 2021. Retrieved from:

<https://socialwork.illinois.edu/news/patient-education-program-with-mental-health-component-reduces-cardiovascular-disease-risks/>

Center for Social and Behavioral Science Podcast. Mental Health During Times of Crisis. December 4, 2020. Retrieved from: <https://illinoiscsbs.podbean.com/e/mental-health-during-times-of-crisis/>

Science Magazine. For Scientists Studying 'Disaster Fatigue,' This Has Been a Year Like no Other. November 24, 2020. Retrieved from: <https://www.sciencemag.org/news/2020/11/scientists-studying-disaster-fatigue-has-been-year-no-other>

Side Effects Public Media. A Flood Devastated this Town in 2019, and Residents are Still Struggling. August 25th, 2020. Retrieved from: <https://www.sideeffectspublicmedia.org/post/flood-devastated-town-2019-and-residents-are-still-struggling>

Rising to the Challenge Podcast. Episode 3: Stressed to the Nines. October 5th, 2020. Retrieved from: <https://will.illinois.edu/risingtothechallenge/episode/episode-3-stressed-to-the-nines>

WILL public media. The 21st. Advice for Coping with Isolation During the Coronavirus Crisis. March 19, 2020. Retrieved from: <https://will.illinois.edu/21stshow/program/advice-for-coping-with-isolation-during-the-coronavirus-crisis>

WBEZ Chicago. Talking to Your Kids About Coronavirus. March 6, 2020. Retrieved from: <https://www.wbez.org/stories/talking-to-your-kids-about-coronavirus/6dfc593d-c166-4bdf-ad7e-3b526f70380b>

Wisconsin Public Radio. How Parents Can Help Lessen Children's Anxieties About COVID-19. Retrieved from: <https://www.wpr.org/how-parents-can-help-lessen-childrens-anxieties-about-covid-19>

National Public Radio. *Goats and Soda*. Just for Kids: A Comic Exploring the New Coronavirus. February 28, 2020. Retrieved from: <https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus>

PsychCentral. Mental Health Intervention Reduces Burnout, Stress in Trauma Social Workers. August 15, 2019. Retrieved from: <https://psychcentral.com/news/2019/08/16/mental-health-intervention-reduces-burnout-stress-in-trauma-social-workers/148982.html>

Science Daily. Coping skills program helps social service workers reduce stress, trauma after disasters. July 25, 2019. Retrieved from: <https://www.sciencedaily.com/releases/2019/07/190725092540.htm>

The Weather Channel. AMHQ. Live interview for segment on helping children cope following natural disasters. Broadcast Sunday, November 11, 2018.

National Association of Social Workers. Social Work SmartBrief Top Story. "Kids' disaster reactions vary with culture" November 18, 2018.

Illinois News Bureau. Coping skills program for disaster survivors tested with children living in chronic poverty. December 10, 2018 Retrieved from: <https://news.illinois.edu/view/6367/727090>

The News Gazette. Mental Health Recovery after a Disaster. September 12, 2017. Retrieved from: <http://www.news-gazette.com/podcasts?p=dws-news-interviews&e=podcast-university-of-illinois-professor-dr-tara-powell-on-mental-health-recovery-after-a-disaster-9-12-17>

The News Gazette. When is the Disaster Over? (2017) Retrieved from: <http://www.news-gazette.com/blogs/there-yet/2017-09/when-the-disaster-over.html>

National Public Radio. *Goats and Soda*. After a disaster, children don't want to talk about a disaster. December 17, 2015. Retrieved from: <https://www.npr.org/sections/goatsandsoda/2015/12/17/459888697/after-a-disaster-kids-dont-want-to-talk-about-the-disaster>

University of Illinois News Bureau. Featured article entitled: Program that helps children cope after a disaster could benefit refugees. December 12, 2015. Retrieved from: <https://news.illinois.edu/view/6367/298172>

Radio New Zealand National, August 30, 2012. *Nights*. Interviewed for feature segment entitled: Raising Resilience.

AWARDS, FELLOWSHIPS, AND HONORS

2019	International Conference Travel Grant, University of Illinois
2015-2019	Scholars Travel Fund University of Illinois
2015	Arnold O. Beckman Award
2012	Graduate School Continuing Fellowship The University of Texas at Austin, Austin, TX

- 2011 David M. Austin Endowed Excellence Fund
The University of Texas at Austin School of Social Work, Austin, TX
- 2011 CSAP Prevention Fellow
SAMHSA, Austin, TX
- 2010 Martha S. Williams Endowed Presidential Scholarship
The University of Texas at Austin School of Social Work, Austin, TX
- 2009 Helen Farabee Memorial Presidential Scholarship.
The University of Texas at Austin, Austin, TX

INTERNATIONAL PROFESSIONAL EXPERIENCE

- 2012-2020 **Mental Health Advisor**
AmeriCares, Stamford CT
- Developed mental health and psychosocial support (MHPSS) interventions for humanitarian contexts (e.g. natural disaster, conflict).
 - Conducted facilitator trainings on MHPSS interventions
 - Provided technical guidance on MHPSS intervention development, dissemination, and adaptation in the following locations: Texas, New York, Puerto Rico, Nepal, the Philippines, Jordan, Saipan
- 2011- **Psychosocial Program Developer and Advisor**
Save the Children, US
- Developed evidence-based psychosocial intervention *Journey of Hope*
 - Supported intervention delivery, oversight, and training in numerous post-disaster contexts
 - Advised on cultural adaptation panel of partner countries
- 2004-2006 **Health Program Consultant**
Medicine for Mali, Mali, West Africa
- Served as translator of French and Bambara
 - Co-created micro-finance program geared at women's empowerment in rural Mali
 - Served as a guide for health program reconstruction

CLINICAL EXPERIENCE

- 2006-2009 **Psychosocial Program Specialist**
Save the Children, New Orleans, LA
- Provided individual and small group counseling to children and adolescents.
 - Managed evaluation of psychosocial programs in partnership with International Institute of Children's Rights and Development.
 - Developed a post-trauma conflict resolution, school-based program for high-risk adolescents reaching over 1000 children in New Orleans public schools
 - Supervised five staff and interns to facilitate psychosocial programs

- Trained 200 school social workers and childcare providers in age-appropriate interventions focusing on psychosocial trauma relief for children
- Facilitated discourse on post-disaster psychosocial well-being and general disaster preparedness to large groups of childcare providers
- Implemented psychosocial programs and conducted needs assessments in FEMA trailer communities
- Supervised nine mental health employees of the Boys and Girls club in five U.S. locations, including, Boston, Tallahassee, Columbus and Montana

2007-2009 **REDI Team Responder**

Save the Children, Various locations

- Co-created a Resilience & Ready disaster preparedness program delivered to 6,000 children affected by the 2007 wildfires in California
- Trained, hired and supervised teachers and mental health workers to implement the R&R disaster preparedness program
- Implemented the Child Friendly Space program in shelters
- Provided sub-grants to schools and childcare providers in post-disaster contexts.
- Provided emergency response after tornado in central Florida, wildfires in California, floods in Iowa.

2006 **Social Work Intern**

James Singleton Charter School, New Orleans, LA

- Conducted a post disaster psychosocial intervention program in 15 classrooms of 20 students, ages 6-12
- Provided individual and small-group crisis counseling for children ages 6-12

2005 **Emergency Preparedness Intern**

Louisiana Department of Public Health, Baton Rouge, LA

- Conducted quantitative data analysis for hospital preparedness program
- Created preparedness guide for families of special needs victims
- Participated in hurricane conference addressing preparedness measures for each region of Louisiana

2002-2004 **Agricultural Development Volunteer**

United States Peace Corps, Mali, West Africa

- Drafted successful grant proposals for economic and agricultural development projects
- Initiated a women's agricultural project with the intent of empowerment and economic self-sufficiency
- Worked with community members to create a successful small animal husbandry organization
- Conducted training seminars on HIV/AIDS and other sexually transmitted infections for at-risk populations

PROFESSIONAL ASSOCIATIONS & LICENSURE

Graduate Social Work license, Louisiana (2006-2010)
 Member, Society for Research on Child Development (2019)
 Member, American Public Health Association (APHA) (2010-Present)
 Member, Society for Social Work Research (2013-Present)
 Member, National Association of Social Workers (NASW) (2007-2016)
 Center for Teaching and Learning *Aspects* Certification (2011)
 Red Cross certified disaster mental health professional (2006)
 Faculty Affiliate: WGGP; University of Illinois
 Faculty Affiliate: European Union Center; University of Illinois

PROFESSIONAL SERVICE

Journal Reviewer

Traumatology (2017-2023)
 Journal of Cognitive Psychotherapy
 Stress and Health (2021)
 BMC Psychology (2019)
 BMC Psychiatry (2020)
 Disaster Medicine and Public Health Preparedness (2016-2017)
 Plos One (2017)
 Children and Youth Services Review (2017-19)
 School Mental Health (2015-2018)

Abstract Reviewer

American Public Health Association (2015-2020)
 Society for Research on Child Development (2022)

Advisory Board

Advisory Board Member. *Mobile Resource Project for Syrian Refugee Children* National Center for Disaster Preparedness, Columbia University (2018)

Editorial Board

Traumatology (2018-Present)
 Guest Editor: Journal of Family Strengths (2018)
 Guest Editor: International Journal of Environmental Research in Public Health (2020-2021)

SCHOOL AND UNIVERSITY SERVICE

International Committee (School of Social Work; 2014-Present)
 Illinois International Advisory Committee (IIAC; 2021-Present)
 University of Illinois Institute of Government and Public Affairs COVID-19 Working group (2020)
 East Central Illinois Refugee Mutual Assistance Center Board Member (2015-2019)
 Executive Committee (School of Social Work; 2015-2017)

Fulbright Selection Committee (2016)

ACADEMIC MENTORING

Jenna Muller, 2020-Present. University of Illinois, School of Social Work
Role: Primary PhD advisor

Dominic Combs, 2017-2022. "Special education teacher licensure curricula: Creating a pipeline of trauma-informed special educators."
University of Illinois, College of education
Role: External Member, Dissertation Committee

Najat Qushua, 2016-2020. "Mothering experiences in the aftermath of armed conflict: A phenomenological study of Syrian refugee mothers in Jordan"
University of Illinois, School of Social Work
Role: Member, Dissertation Committee

Oejin (Esther) Shin, 2016-2022. "The association between retirement transition sequences and well-being among older workers focusing on gender differences."
University of Illinois, School of Social Work
Role: Member, Dissertation Committee

Wendy Hsieh, 2020-2022. "A longitudinal examination of posttraumatic growth (PTG) and posttraumatic stress disorder among female adult sexual assault survivors: Exploring the roles of demographic factors, trauma history, social support, and institutional betrayal."
University of Illinois, School of Social Work
Role: Member, Dissertation Committee

Tuyen Bui, 2014-2021. "Academic and Campus Experiences of College Students with Visual Impairment in Vietnam: A Multiple Case-based Study
University of Illinois, School of Social Work
Role: Member, Dissertation Committee