Reference Sheet for Completing IM+CANS Section 14: Summary of Prioritized CANS Needs and Strengths

The purpose of Section 14 is to sort and prioritize the actionable IM+CANS items from the assessment into what will be included in Treatment Planning. This process begins to solidify the Clinical Formulation and starts discussion around theory of change.

This is a collaborative process completed in partnership with clients to determine which items they wish to include in their treatment plan. This will likely not include all actionable items from the assessment, only those that are considered in current treatment planning.

Definitions of each section:

Background needs are needs that are likely not addressable but shift the pathway down which treatment is provided.

- **Background Needs – Trauma Experiences** – Identified traumas that occurred that we cannot change but must be mindful of as they may continue to impact the individual.

- **Background Needs – Other Needs** – other needs (outside the Trauma Exposure domain) identified that we cannot change (i.e. developmental delays, physical conditions, etc.) but may be impacting the individual.

- **Treatment Target Needs** – Identified actionable needs (items rated 2’s and 3’s) intended to be targeted through the treatment process. These needs may be the manifestation of the Background or Context Needs. Treatment target needs are those that would be the focus of intervention.

- **Anticipated Outcome Needs** – Identified actionable needs (2’s and 3’s) we expect to change in the process once the target needs are addressed.

- **Centerpiece/Useful Strengths** – Centerpiece or Useful Strength items (0’s and 1’s) we intend to use and build upon to assist with the change process. Well-developed strengths are protective factors that could be linked to a need to effect change.

- **Strengths to Build** – Identified or not yet Identified Strength items (2’s and 3’s) that require effort to build before they can be useful for the individual.

- **Caregiver Resources** – Identified items from Caregiver Resources and Needs Domain (0’s and 1’s) that would represent a strength we can leverage in the change process.

- **Caregiver Needs** – Identified items from Caregiver Resources and Needs Domain (2’s and 3’s) that are areas of need where support could be beneficial to the Caregivers.