



Strengths, Needs, and Cultural Discovery



This story belongs to: _____

Throughout the SNCD process, we get to know the family and identify who they are in terms of their strengths, culture, and family vision. During the process, we explore the family’s strengths and needs across life domains and build on the information gathered in the IM+CANS to help introduce their family story.

1. FAMILY VISION

What do you want your family life to look like after Wraparound?

Prompt: “Life will be better when...”

2. FAMILY & RESIDENCE

What is your home like? What is your neighborhood like? Who lives with you? What do you like about your home?

What do your relationships and interactions look like with the people you call family? What does your family do well? How do you support one another?

3. SOCIAL

In what community activities are you and your family involved (church, NA/AA, scouts, sports, etc.)? What activities do you find to be supportive to you? Who do you and your family spend time with outside of the home? What do you do with them?

4. BEHAVIORAL/EMOTIONAL

How would you describe your experience with previous providers or systems? What has worked in the past? What has not worked in the past?

How do you and your family talk about or handle emotional/mental health? Are there things about you or your family member's emotional health that you or they would like to change?

5. EDUCATIONAL & VOCATIONAL

What is your experience like with school? What or who has been supportive at school?

Who works either part-time or full-time in the home? What is their experience like with work?

6. SAFETY

How does your family define safety concerns? How do you handle them? Who can you call when you need something?

7. HEALTH

How do you and your family view and care for physical health? How does this impact and strengthen your family interactions? Are there things about your or your family member's physical health that you or they would like to change? What barriers do you or your family experience in accessing care, if any?

8. CULTURAL

What are your family's traditions, beliefs, and culture? How do you define yourself in terms of spirituality and its purpose in your life? If you have a religious/spiritual affiliation, how does this relate to your family's spiritual/spiritual affiliation? How does your family celebrate?

9. LEISURE/RECREATIONAL

What do you and your family enjoy doing in your free time? How do these activities support you and your family? What is important to you and your family? What opportunities for recreation are available in your community? Are any of these activities of interest to you? What activities would you like to start doing as a family?

10. OTHER

Describe any additional information important to you and your family, such as sports, pets, and transportation.

11. SIGNATURES

I/We (youth/young adult/guardian) have actively participated in the development of the Strengths, Needs, Cultural Discovery and understand it. I/We have the following response:

I/We Agree Disagree with this Strengths, Needs, and Cultural Discovery.

If you disagree with this summary, please share the reason below:

I have been offered a copy of my Strengths, Needs, and Cultural Discovery. I/We Accept Decline

Youth/Young Adult Name Date

Parent/Guardian Date

Facilitator/Care Coordinator Date

Family Member Date